



WALKING WITH FAITH "Footnotes"

"BY WORKS FAITH WAS MADE PERFECT" (JAMES 2:22)

www.walkingwithfaith.org
42015 Ford Rd., Suite 402
Canton, MI 48187

734-397-2041

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Introducing: Walking With Faith, Inc., a Journey for Life

Walking With Faith, Inc., a 501 (c) 3 organization, began with one woman determined not to let being diagnosed with Multiple Sclerosis (MS) keep her down.

Alecia R. Harris, Founder, President & CEO of Walking With Faith, Inc., went to college, had a house and a family, worked at one of the nation's top ten hospitals, and was a university instructor. She was living the American dream when she was diagnosed with MS. In a matter of months her life had changed. She had a decision to make: live with the facts or with her Faith. She chose her Faith.

Knowing that everything was in divine order, Alecia began volunteering for the Michigan Chapter of the National Multiple Sclerosis Society. In addition to working on the planning committee for the annual "MS Walks," she began asking others to join the team she was forming called "Walking With Faith." The team and fellowship grew.

Today, there are over one hundred volunteers. Walking With Faith, Inc., holds several benefit and educational events each year to raise funds and

awareness to find a cure for the devastating effects of MS.



Alecia R. Harris

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Our Team

Mission:

Believing in the value of increasing awareness, Walking With Faith, Inc. is committed to providing information and raising funds towards ending the devastating effects of Multiple Sclerosis.

Vision:

Walking With Faith, Inc. will continue to increase the awareness about, provide information on, and raise funds for research on, Multiple Sclerosis. Through event planning, individual giving programs, and grants, Walking With Faith, Inc. will become an important funder of research. The activities will be widely reported in articles, books, and professional publications.

We see ourselves as an organization that through diversity, innovation, size, volunteer involvement, teamwork, flexibility, excellence, and commitment will be the biggest, most effective faith - based organization raising funds for a specific disease. Our faith base will allow us to provide Christ - centered support and information to patients and families, and will give us the commitment to doing our part to raise funds and awareness towards ending the devastating effects of this chronic, debilitating disease.



What is MS?

Multiple sclerosis is a chronic disease of the central nervous system (brain, spinal cord). MS affects more than 400,000 people in the United States. The disease usually starts between the ages of 20 and 40 years with an average age of onset around 30. MS affects more women than men. Seventy-eight percent of people with MS are women.

Every hour, someone is diagnosed with multiple sclerosis (MS). Many of your friends, neighbors, or relatives may have heard those dreaded words, "You have multiple sclerosis".

Board of Directors:

We are fortunate to have a "volunteer" board of directors who are professionals with a wealth of knowledge.

Mary Margaret Brandt, MD
Trauma Director, Department of Surgery
St. Joseph Mercy Hospital
Ann Arbor, MI

Robert L. Funaro, Ed.D.
Director, Academic Resource Center
Thomas M. Cooley Law School
Lansing, MI

David R. Nerenz, Ph. D.
Director, Center for Health Services
Research
Director, Outcomes Research,
Neuroscience Institute

Henry Ford Health System
Detroit, MI

Legal Advisor:

Michael A. Gehrls
Attorney at Law
Certified Financial Planner™ professional
Southfield, MI

“What We Do”

Walking With Faith, Inc., is a team of volunteers who walk annually in the MS Walks. The annual walk is our humble beginning. We also raise funds towards ending the devastating affects of multiple sclerosis. Provided by the organization are:

- Educational seminars
- A quarterly newsletter
- Fund raising events
- Information
- Support

Walking With Faith, Inc., sponsors Kids FUN-RAISE for Multiple Sclerosis, Inc., which has fund raisers including:

- Kids Bowl for MS
- Kids Roller Skate for MS
- Kids Jump Rope for MS

All kids are welcome to join Kids FUN-RAISE as they reach outside themselves and help others. Contact us if you know any kids who would like to take part.

We would love to answer any questions you might have. Please do not hesitate to contact Alecia at (734) 397-2041. We hope you will join our team!

Events and Fundraisers

Walk MS

The National Multiple Sclerosis Society sponsors an annual Walk to raise funds to end the devastating effects of MS. The Walking With Faith Team members, a group of more than 100 volunteers and walkers, participate in the Walk at various locations throughout Michigan.

Educational Seminars

Seminars are held to bring awareness and provide information about this chronic disease to identified audiences. Guest speakers include local professionals with a wealth of knowledge on various topics relating to MS.

Kids FUN-RAISE for Multiple Sclerosis, Inc.

Organized by the Harris children and others, these children wanted to reach outside of themselves to help someone else. Their fundraising events include Kids Roller Skate for MS, Kids Bowl for MS and Kids Jump Rope for MS.

Never Alone, Inc.

In the life of a woman with multiple sclerosis, there will be major transitions. Supporting one another is what we do. This is a support group for Christian women with multiple sclerosis.

I Am Here, Inc.

Men are affected, too, when they have a loved one who suffers from this disease. This is a support group for Christian men who have loved ones with MS.

Golf Outing

A golf outing will be held bi-annually for golf enthusiasts and other supporters. The

outings, sponsored by local organizations, will feature celebrities. A portion of the proceeds will go to the National Multiple Sclerosis Society, Michigan Chapter for research.

Benefit Concert

In order to raise additional funds for MS research, Walking With Faith, Inc., presents a bi-annual benefit concert featuring well known artists at selected venues.

Benefit Luncheon

Walking With Faith, Inc., hosts a bi-annual Benefit Luncheon to heighten awareness of this disease. Detroit Free Press Columnist, Rochelle Riley, was the inaugural keynote speaker and Carolyn Clifford, Channel 7 News Anchor and "Health Team" Reporter was the Mistress of Ceremonies.

Benefit Dinner

Walking With Faith walkers and volunteers had a desire to create a local fund-raising arm to further support research being done by the MS Society. A benefit dinner was created. "Mom" and "Pop" Winans were the inaugural special musical guest and keynote speaker respectively. The dinner has become a bi-annual event.

Meet our newest Board Member!



Please join us in welcoming Dr. Mary Margaret Brandt as the newest Board Member. Dr. Brandt is excited to be included in an organization whose goal is to help find a cure for this devastating disease.

Upcoming Fund Raising Events

Please plan to attend these exciting events!

Benefit Golf Outing

Sunday, August 2, 2009

Fox Hills Golf & Banquet Center

Fox Classic Course

8768 N. Territorial Road, Plymouth, MI

Tee times starting at 12 Noon

Tickets are \$50 and include 18 holes w/ cart

Kids FUN-RAISE for Multiple Sclerosis, Inc

Cosmic Bowling Bash

Friday, October 23, 2009

5:00 - 8:00pm

Super Bowl

45100 Ford Road

Canton, MI 48187

Admission: \$15 per child / \$20 per adult

Two games, shoe rental, pizza & pop included!

CARRABBA'S

ITALIAN GRILL®

Please join us at Carrabba's Italian Grill at 1900 N. Haggerty Rd. in Canton on

Saturday, November 14, 2009 11am-1pm for our benefit luncheon! Tickets are \$25 per person. Price includes a full lunch and a chance to win a Gourmet Wine Dinner for six at Carrabba's (valued at \$400)!

An Evening of Inspiration

A Benefit for Multiple Sclerosis

Sunday, December 20, 2009 - 5:00pm

Ford Community and Performing Arts Center

15801 Michigan Avenue, Dearborn, MI

More details coming soon!

If you have ideas for future fundraising events, please contact Alecia at (734) 397-2041.

The "Walking With Faith, Inc.," Team extends a heartfelt "thank you" to all of our supporters, sponsors, families, friends, and volunteers. With your dedication and contributions to our cause, we have raised more than \$40,000 for the National Multiple Sclerosis Society, Michigan Chapter. A special "thank you" goes to Brent Embry, logo design & Lonnie Thomas, technical support.

Sponsorships

Sponsorship levels for benefit events

Platinum Sponsor - \$25,000

- Tickets for ten guests to the bi-annual luncheon and the bi-annual dinner
- Full page advertisement in program
- Acknowledgment in press materials, on Web site and media relations efforts
- Representative invited to speak from podium
- Acknowledgment & logo on signage
- Acknowledgment in newsletter

Gold Sponsor - \$10,000

- Tickets for five guests to bi-annual luncheon or dinner
- Half page advertisement in program
- Acknowledgment in press materials and media relations efforts

- Representative invited to speak from podium
- Acknowledgment on signage
- Acknowledgment in newsletter

Silver Sponsor - \$5,000

- Tickets for two guests to bi-annual luncheon or dinner
- Quarter page advertisement in program
- Acknowledgment in newsletter

Bronze Sponsor - \$2,500

- Tickets for two guests to bi-annual luncheon or dinner
- Eighth of a page advertisement in program
- Acknowledgment in newsletter

Patron - \$ 1,000

- Tickets for two guests to bi-annual luncheon or dinner
- Acknowledgment in program
- Acknowledgment in newsletter

Friends and Family - \$ 500

- Tickets for two guests to bi-annual luncheon or dinner
- Acknowledgment in newsletter

Past and Present Sponsors:

B & D Novelty
 Carrabba's Italian Grill
 Cathy Garrett, Wayne County Clerk
 FedEx Kinko's
 Henry Ford Health System
 K White & Associates
 Lindsey Hunter, Detroit Pistons
 Mia D. Creative Solutions
 Michigan Chronicle
 Monica Morgan Photography
 Office Max – Canton

Rebecca J. Williams, MD
Sibera Brannon, DDS
The Michigan Front Page
UAW Ford International Programs
WGE Promotional Solutions

How to Make Contributions

Corporate Sponsorship

Donate by "Pay Pal" on the Web site

Private Contribution Sponsors

Purchase Event Tickets

Volunteer Opportunities

Volunteers are the lifeline of the nonprofit sector and the lifeline of Walking With Faith, Inc. One survey suggests that more than 100 million people performed some volunteer work in the United States during 1999. That number continues to grow! I would like to ask you to join our team and volunteer with Walking With Faith, Inc.

Walking With Faith, Inc., is a team of volunteers who walk annually in the MS Walks. The annual walk is our humble beginnings. We also raise funds towards ending the devastating affects of multiple sclerosis. Enclosed is a list of benefit events for this year. If you have suggestions for others, please do not hesitate to let me know. These are just a few of the efforts we are involved in.

Walking With Faith, Inc., will also distribute a quarterly newsletter, host educational seminars, and distribute an annual report. Walking With Faith, Inc., supports women with multiple sclerosis through Never Alone, Inc., a support group for Christian women with multiple sclerosis.

Walking With Faith, Inc., sponsors Kids FUN-RAISE for Multiple Sclerosis, Inc., which allows kids who have parents and loved ones who have this disease raise

funds and also gain a wealth of information through "kid friendly" educational seminars. Their FUN – RAISERS include Kids Roller Skate for MS, Kids Bowl for MS and Kids Jump Rope for MS. All kids are welcome to join other kids as they reach outside of themselves and help others. Do you have kids or know kids who have an interest in taking part?

To volunteer, please complete the volunteer intake form and return it by fax at (734) 397-3258 or by mailing to Walking With Faith, Inc., 42015 Ford Rd., Suite 402, Canton, MI 48187 or on the Web Site: www.walkingwithfaith.org

Volunteer Intake Form

Please fill out the form* below and mail to:

Walking With Faith, Inc.
42015 Ford Road, Suite 402
Canton, MI 48187

Full Name: _____

Address: _____

City/State/Zip: _____

Daytime Phone: _____

Evening Phone: _____

Email: _____

Emergency Contact Name &
Phone: _____

Please check all areas of interest below:

- Data Entry or Clerical Work
- Developing / Maintaining Databases
- Fundraisers
- Preparing mailings for events
- Phone calls to volunteers / donors
- Research information (as needed)
- Other: _____

Available Days: (circle all that apply)

Mon Tues Wed Thurs Fri Sat Sun

Available Times: (circle all that apply)

Mornings Afternoons Evenings



How often would you like to help? (ex: 2 days per week, weekly, monthly, etc.)

Skills you have to contribute:

Feb 26, 2009

Positive Results Published of First of Two Phase 3 Clinical Trials of Fampridine-SR

Walking speed improved significantly in a phase 3 clinical trial of 301 people with all types of MS taking oral Fampridine-SR (Acorda Therapeutics, Inc.), a drug designed to provide symptomatic relief by compensating for lost nerve conduction. Fampridine-SR is a sustained-release formula of 4-aminopyridine, which temporarily enhances nerve signaling by blocking tiny pores, or potassium channels, on the surface of nerve fibers. A paper describing the study, by Dr. Andrew Goodman (University of Rochester) and colleagues, is published in the February 28, 2009 issue of The Lancet (2009 373;732-738).

Results from a later, second Phase 3 study, [announced in 2008](#), confirmed Fampridine's benefits reported here. In early February 2009, Acorda announced that it had applied to the FDA for marketing approval of Fampridine for multiple sclerosis.

Background: Problems with gait (difficulty in walking) are among the most common mobility limitations experienced by people with MS. Fampridine-SR is a sustained-release formula of 4-aminopyridine, which blocks tiny pores, or potassium channels, on the surface of nerve fibers. This blocking ability may improve the conduction of nerve signals in nerve fibers whose insulating myelin coating has been damaged by MS. The first studies of this potassium-blocking approach in people with MS were supported by the National MS Society.

The Study: A total of 301 people with all types of MS participated at 33 sites in the U.S. and Canada. Participants were randomly divided such that 224 were on active treatment and 72 were on inactive placebo over 14 weeks. Participants were permitted to remain on other medications during the trial, establishing the potential of the drug as a symptomatic

* Walking With Faith, Inc. always keeps your information completely confidential!

Thank you

management strategy that could be used along with their regular medications and [disease-modifying therapies](#).

Results: Thirty-five percent of those on active therapy, versus only 8 percent of the placebo group, experienced significant improvements in walking speed. The walking speed for those who responded to therapy improved an average of 25.2% (in the timed 25-foot walk), compared to only 4.7 percent in the placebo group, and the improvement was maintained over the 14 weeks of therapy. Improvement was also noted in the "MS Walking Scale 12," a measure designed to assess how meaningful the improvement was for individuals; in this study, those who responded to the drug reported feeling less disabled in daily activities requiring mobility.

Other positive outcomes included increased leg strength in those on active treatment, even in some individuals whose walking speed did not improve.

Common adverse events (side effects) experienced more often by those on active treatment included back pain, dizziness, insomnia, fatigue, nausea and balance disorder. Serious adverse events that led to discontinuation of the drug included one case of anxiety and one seizure in a person who developed sepsis from a urinary tract infection. There were no deaths during the treatment phase of the study, but one person died five weeks after the last treatment visit of heart disease, which was deemed by investigators to be unrelated to the therapy.

Results from a later, second phase 3 study, [announced in 2008](#), confirmed the benefits seen in this trial. The company announced that it had applied to the FDA for marketing approval of Fampridine in early February 2009.

Comment: "The phase 3 results on Fampridine suggest that this drug has the potential to temporarily restore function and make a real

difference to some people's quality of life," said John Richert, MD, Executive Vice President of Research & Clinical Programs for the National MS Society. "If the FDA agrees that Fampridine is safe and effective, it would bring a welcome symptomatic therapy that has potential utility for a large number of people with different types of MS."

As the authors noted in the paper, "We could not identify any factor that predisposes patients with multiple sclerosis to respond to fampridine on a particular measure." Further study and clinical practice may help determine the extent to which the drug may impact other functions not measured in the clinical trials, and provide hints as to which patients are most likely to respond.